



PROGRAM

Performance Scores: APE 2024 table, Hand time, Height above sea=0

Seq	Time	Pit	Event	Category	Next	Spec
START OF DAY 1						
1	15:00		Final Girls 19 Hammer			4kg
2	16:00		Final Boys 17 Hammer			5kg
3	17:00		Final Boys 19 Hammer			6kg
4	18:00		Final Boys 15 Hammer			4kg



Meeting :2025 PRESTIGE
2025/02/11 at DAL JOSEFAT PAARL



START OF DAY 2

5	08:00	Final Girls 19 3000m	
6	08:00	Final Girls 14 Polevault	
7	08:00	Final Girls 15 Polevault	
8	08:00	Final Girls 17 Polevault	
9	08:00	Final Girls 19 Polevault	
10	08:00	Final Boys 14 Discus	1kg
11	08:00	Final Girls 14 Javelin	500g
12	08:20	Final Boys 15 3000m	
13	08:40	Final Boys 19 3000m	
14	09:15	Final Boys 15 Discus	1kg
15	09:15	Final Girls 15 Javelin	500g
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16	10:45	Final Boys 14 Polevault	
17	10:45	Final Boys 15 Polevault	
18	10:45	Final Boys 17 Polevault	
19	10:45	Final Boys 19 Polevault	
20	10:45	Final Boys 19 Discus	1.75kg
21	10:45	A Final Boys 17 HighJump	
22	10:45	B Final Boys 19 HighJump	
23	10:45	A Final Girls 14 LongJump	
24	10:45	B Final Boys 15 TripleJump	
25	10:45	A Final Girls 15 Shotput	3kg
26	10:45	B Final Girls 17 Shotput	3kg
27	10:45	Final Boys 15 Javelin	600g
28	11:10	Final Girls 14 90m Hurdles	76.2cm
29	11:15	Final Girls 15 90m Hurdles	76.2cm
30	11:25	Final Girls 17 100m Hurdles	76.2cm
31	11:30	Final Boys 14 100m Hurdles	76.2cm
32	11:40	Final Boys 15 100m Hurdles	84cm
33	11:45	Final Girls 17 Javelin	500g
34	11:45	A Final Boys 14 LongJump	
35	11:45	B Final Girls 15 LongJump	
36	11:45	Final Girls 19 Discus	1kg
37	11:45	Final Girls 19 100m Hurdles	84cm
38	11:55	Final Boys 17 110m Hurdles	91.4cm
39	12:05	Final Boys 19 110m Hurdles	99.5cm
40	12:15	A Final Girls 19 HighJump	
41	12:15	B Final Boys 15 HighJump	
42	12:15	A Final Girls 14 Shotput	3kg
43	12:15	B Final Boys 14 Shotput	4kg
44	12:15	Final Girls 14 200m	
45	12:20	Final Boys 14 200m	
46	12:25	Final Girls 15 200m	
47	12:30	Final Boys 15 200m	
48	12:35	Final Girls 17 200m	
49	12:40	Final Boys 17 200m	
50	12:45	A Final Girls 17 LongJump	



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51	12:45	B	Final Boys 19 TripleJump	
52	12:45		Final Boys 17 Discus	1.5kg
53	12:45		Final Boys 19 Javelin	800g
54	12:45		Final Girls 19 200m	
55	12:50		Final Boys 19 200m	
56	12:55		Final Girls 14 800m	
57	13:00		Final Boys 14 800m	
58	13:05		Final Girls 15 800m	
59	13:10		Final Boys 15 800m	
60	13:15		Final Girls 17 800m	
61	13:20		Final Boys 17 800m	
62	13:25		Final Girls 19 800m	
63	13:30		Final Boys 19 800m	
64	13:35		Final Girls 14 100m	
65	13:40		Final Boys 14 100m	
66	13:45	A	Final Girls 19 LongJump	
67	13:45	B	Final Boys 17 TripleJump	
68	13:45		Final Boys 17 Javelin	700g
69	13:45	A	Final Boys 15 Shotput	4kg
70	13:45	B	Final Girls 19 Shotput	4kg
71	13:45	A	Final Girls 14 HighJump	
72	13:45	B	Final Boys 14 HighJump	
73	13:45		Final Girls 14 Discus	1kg
74	13:45		Final Girls 15 100m	
75	13:50		Final Boys 15 100m	
76	13:55		Final Girls 17 100m	
77	14:00		Final Boys 17 100m	
78	14:05		Final Girls 19 100m	
79	14:10		Final Boys 19 100m	
80	14:25		Final Girls 14 300m Hurdles	76.2cm
81	14:30		Final Boys 14 300m Hurdles	76.2cm
82	14:35		Final Girls 15 300m Hurdles	76.2cm
83	14:40		Final Girls 14 1500m	
84	14:45		Final Boys 14 Javelin	600g
85	14:45	A	Final Boys 19 LongJump	
86	14:45	B	Final Boys 15 LongJump	
87	14:45		Final Girls 17 Discus	1kg
88	14:48		Final Boys 14 1500m	
89	14:55		Final Girls 17 400m Hurdles	76.2cm
90	15:00		Final Girls 19 400m Hurdles	76.2cm
91	15:05		Final Girls 15 1500m	
92	15:12		Final Boys 15 1500m	
93	15:15	A	Final Boys 19 Shotput	6kg
94	15:15	B	Final Boys 17 Shotput	5kg
95	15:15	A	Final Girls 17 HighJump	
96	15:15	B	Final Girls 15 HighJump	
97	15:20		Final Boys 15 300m Hurdles	84cm
98	15:25		Final Girls 17 1500m	
99	15:32		Final Boys 17 1500m	



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100	15:40	Final Boys 17 400m Hurdles	84cm
101	15:45	Final Boys 17 LongJump	
102	15:45	Final Girls 19 TripleJump	
103	15:45	Final Girls 19 Javelin	600g
104	15:45	Final Girls 15 Discus	1kg
105	15:45	Final Girls 19 1500m	
106	15:53	Final Boys 19 400m Hurdles	91.4cm
107	15:57	Final Boys 19 1500m	
108	16:05	Final Girls 14 400m	
109	16:10	Final Boys 14 400m	
110	16:15	Final Girls 15 400m	
111	16:20	Final Boys 15 400m	
112	16:25	Final Girls 17 400m	
113	16:30	Final Boys 17 400m	
114	16:35	Final Girls 19 400m	
115	16:40	Final Boys 19 400m	
116	16:50	Final Girls 14 4x100m Relay	
117	16:55	Final Boys 14 4x100m Relay	
118	17:00	Final Girls 15 4x100m Relay	
119	17:05	Final Boys 15 4x100m Relay	
120	17:10	Final Girls 17 4x100m Relay	
121	17:15	Final Boys 17 4x100m Relay	
122	17:20	Final Girls 19 4x100m Relay	
123	17:25	Final Boys 19 4x100m Relay	
Dancers			